

THEATRE OF THE BEAT

Staging Change since 2011

WHO IS TOTB?



Theatre of the Beat is a Canadian touring theatre company working to catalyze conversations on social justice and its intersection with the beliefs of the communities in which we find ourselves.

Following the success of our 2020/2021 tour of the play "Unmute: The Impact of a Pandemic on Gender-Based Violence" the UNMUTE workshops promise to spark dialogue and equip participants with the skills needed to safely and effectively intervene in scenarios of domestic violence. Our goal is to find everyday ways to interrupt the patterns of isolation and misinformation that allow gender-based violence to happen.



VERSION #1 REQUIREMENTS:

TIME:	1.5 hrs
DRAMA EXPERIENCE:	None
SPACE:	ONLINE or a room with wifi
PARTICIPANTS:	Approx. 10-30
AGE RANGE:	Teen - Young Adult
INSTRUCTORS:	1 Facilitators / 30 participants

PRICE:

BASE:	\$350
30+ PARTICIPANTS:	+ \$125 to cover additional facilitator

PAST WORKSHOP REVIEWS

Dr. Silvia D'Addario (Acting Director of Global Citizenship Education and Inclusion at Centennial College) says of UNMUTE, "Thank you! I was blown away by the activating bystander methods you brought to this tough conversation. We would love to have you back!"

UNMUTE



Theatre Workshop and/or Performance

VERSION #1 - YOUTH FOCUS

Since the highest rates of domestic violence occur between the ages of 18-25, this psycho-educational workshop is targeted specifically at youth and young adults who may know (or be) victims, perpetrators, or bystanders of unhealthy relationships. Discussion of the qualities of healthy/unhealthy relationships, as well as the "cycle of abuse" model is followed up by a chance for youth to watch and discuss short video dramatizations. Youth then engage in their own interactive theatre scenes, to prepare them for real-life scenarios they may encounter.

VERSION #2 - PERFORMANCE OF UNMUTE

In this workshop, groups view a 45 minute virtual performance of TOTB's popular play Unmute. Participants then re-watch problematic moments in the play and have the chance to explore safe and healthy interventions using Forum (interactive) Theatre techniques. This "rehearsal for reality" helps audiences to

- Understand the warning signs and risk factors present in abusive relationships
- Gain confidence in responding to potential situations of abuse
- Increase knowledge of available resources in their community

VERSION #2 REQUIREMENTS:

TIME:	1.5 hrs (Or longer, if group would like)
DRAMA EXPERIENCE:	None/Optional
SPACE:	ONLINE or room with wifi
PARTICIPANTS:	Up to 90 participants
AGE RANGE:	Teen - Adult
INSTRUCTORS:	2 Facilitators / 30 participants

PRICE:

BASE:	\$400
30+ PARTICIPANTS:	+ \$125 to cover additional facilitator *

Extra facilitator recommended if your group does not have drama experience

BOOK A WORKSHOP:

EMAIL: info@theatreofthebeat.ca

Price is flexible; we can make accommodations to help overcome financial barriers.

Note: The Unmute workshops are best done virtually, but can be modified for in-person.



(647) 622-2328



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theatreofthebeat.ca