THEATRE OF THE BEAT

Staging Change since 2011

Who is TOTB?



Theatre of the Beat is a Canadian touring theatre company working to catalyze conversations on social justice and its intersection with the beliefs of the communities in which we find ourselves.

Since 2011, we have been staging change across the globe by creating original social justice theatre and workshops for underrepresented populations. Our company empowers its audience to work towards a just future.

We have performed over three hundred shows in theatres, festivals, churches, universities, and prisons across Canada, the United States, and Europe.



TOTB FACILITATOR HIGHLIGHT



Kimberlee Walker is a social worker, actor, and Applied Theatre facilitator. After graduating from the University of Waterloo's Peace and Conflict Studies program with a Drama minor, Kimberlee became a Theatre of the Beat in 2011.

PAST WORKSHOP REVIEWS

"If you who are serious about equipping your community with practical, compassionate skills needed to mitigate harm, and support mental health, I would truly recommend this workshop."

founding member of

- Johnny Wideman, Executive Director of Willowgrove

ACT-IVELEY PREVENTING ELDER ABUSE



Interactive Theatre Workshop

DESCRIPTION & LEARNING GOALS

Participants will:

- Learn how to define elder abuse and ageism
- Understand the different types of elder abuse that go beyond the physical (ex: emotional, financial, neglect)
- · How to spot the warning signs in survivors of abuse and in the abusers
- Be given the opportunity to "rehearse for reality" and practice various bystander interventions in the dramatization of realistic scenarios

ACTIVITIES

- An energetic drama warm-up accommodating all mobility and access needs of the group
- Discussion of the types of elder abuse
- Interactive activity exploring green, yellow, and red warning signs of elder abuse
- Rehearsal and presentation of short scenarios depicting signs of elder abuse
- · Practice of bystander intervention using the "Forum Theatre" method, highlighting the importance of interrupting isolation and asking for help from trustworthy community members.

REQUIREMENTS:

TIME:	1.5 hrs
DRAMA EXPERIENCE:	None
SPACE:	Empty space with chairs
PARTICIPANTS:	Approx. 10-30
AGE RANGE:	Teen - Adult
INSTRUCTORS:	1 Facilitator / 30 participants

PRICE:

\$350 BASE: + \$125 to cover additional facilitator **30+ PARTICIPANTS:**

> Price is flexible; we can make accommodations to help overcome financial barriers.

BOOK A WORKSHOP:

EMAIL:

info@theatreofthebeat.ca

Theatre of the Beat aims to customize our workshops for each community we visit. If you have specific challenges you would like to see explored in this workshop, let us know and we can tailor-make the experience for your group!





